

# Amanda Gosling



## Background

Amanda has **significant experience** of management training and development, gained over 15 years heading up an in-house training function and as an independent trainer and coach.

At Harrods Ltd, Amanda was **Head of Management Training & Development** and also held responsibility for their Graduate Programme.

As a coach, Amanda brings her experience of working with people at all levels of business and from a multitude of disciplines. She has an understanding of the issues faced by managers and **extensive knowledge of concepts and models** that have proven valuable when applied in the workplace. Amanda's strengths as a coach lie in **drawing out clarity of thought, challenging** the client to look beyond the surface, and **empowering** the client to identify solutions which involve stretch.

Amanda is passionate about the power of coaching; she believes strongly in the **value of focused time with an objective partner** and the importance of **promoting self-discovery** to inspire sustained changes in both approach and behaviour.



## Qualifications and Credentials

- Certificate in Coaching - International Coaching Federation Accredited
- Further & Adult Education Teacher's Certificate
- BA (Hons) Business Studies – Kingston Business School

## Recent clients

Ladbrokes, CSFB, HSBC, TMW, Digital, DNX Creative Marketing Practice, Rigby & Peller, Dress for Success