

Andrea Grist

Background

Andrea is an experienced Organization and Relationship Systems coach focusing on **senior business leaders**, small business owners and management teams. Her career encompasses experience in the **frontline business, relationship marketing**, as well as **all elements of learning and development**, specifically, as Head of Organisational Development where she set up a new OD function and led **a programme to develop management and leadership capability**, underpinned by the introduction of a coaching culture.

She coaches extensively in **culture change, career transition, leadership and people management**. In addition, as a skilled senior consultant and an experienced trainer, she develops client centred programmes that deliver **measurable results**.

Her style reflects her enthusiasm to **free and develop the potential** in all her clients. She offers a true safe place for all her clients, while adding **healthy doses of humour, energy, challenge and mischief!**



Qualifications and Credentials

- CIPD – Fellow
- Certified Leadership Circle Coach
- Certified Co-Active Professional Coach (CTI)
- MBTI – Level 1
- British Psychological Society Level A&B
- BTEC Certificate in Management Studies
- B.Sc. (Hons) Speech Sciences

Recent clients

Andrea's senior management coaching experience has been with the following clients over the last 18 months; BG Group, EC Harris, Foster Wheeler, Historic Royal Palaces, National Grid, Sharp UK, Readers Digest Association, Yell.