



devon

... easy access from most of the country with unique diverse environments to work and play in, Devon offers mystery in its barren, open moorland, a sense of exhilaration in its miles of spectacular, rugged coastline and peace and tranquility in its wooded valleys and empty sandy beaches. Devon is an ideal playground for Adventure Team Development.

### **Why Devon?**

Although it is located only a few hours drive from most of the major cities in the UK (and therefore relatively inexpensive to get to), Devon still represents a real getaway with its sense of space and tranquility – allowing your team to focus, uninterrupted, on their own development agenda. Activities on offer in Devon are numerous, it has moorland, rivers and the sea all a short hop from each other, but our favourites include; the physical and mental challenge of a sea paddle to Lundy, a small remote island lying off the north Devonshire coast and a blindfolded abseil, a paddle down the river and a caving expedition in deepest Dartmoor.

### **What are the benefits?**

The Dartmoor area and island of Lundy offer the opportunity to get away from it all. They are the ideal locations for remote Adventure Team Development where your team can focus on the development objectives set for the duration of their stay.

### **Location**

- North Devon and Lundy Island
- Dartmoor

### **Activity Options**

- Climbing
- Abseiling
- Canoeing
- Caving
- Sea-kayaking

**Enabling Visions**

T: +44 (0) 117 344 5009  
E: [enquiries@enablingvisions.co.uk](mailto:enquiries@enablingvisions.co.uk)  
[www.enablingvisions.co.uk](http://www.enablingvisions.co.uk)



devon

## Accommodation Options

- From 5 star hotels to self-catering cottages to bunkhouses to tents

## Time required

- 3 – 4 days

## Sample programme 1 - Paddle to Lundy Island

- Day 1 – Travel to Devon to arrive at your accommodation for lunchtime. Straight onto the river to learn how to handle a sea-kayak. Home for a hot meal and de-brief
- Day 2 – A full day of training on the water – both on the river and in the open sea. Home for dinner and a presentation on 'What to Expect' on tomorrow's trip
- Day 3 – Paddle to Lundy – 4-6 hours of sheer physical effort followed by a well earned drink in the islands pub before signing the pubs register as a fellow 'Lundy Crosser'!
- Day 4 – A facilitated team session to capture key learning combined with a cream tea. Departure after lunch

## Sample programme 2 – Abseil/Canoe/Cave on Dartmoor

- Day 1 – Travel to Devon to arrive at your accommodation early evening. Dinner and drinks
- Day 2 – Morning team discussion followed by rock and abseil activities in a remote Dartmoor quarry. This can be followed by the exploration into one of Dartmoor's limestone caverns
- Day 3 - Early start and a few hours canoeing on a tranquil Devon river, followed by a hot lunch and departures for home

## Fast Facts

- Devon is 3 hours driving time from London
- Climate – Weather on Dartmoor and Lundy can be very changeable; cold, wet and foggy one minute with bright sunshine the next

**Enabling Visions**

T: +44 (0) 117 344 5009  
E: [enquiries@enablingvisions.co.uk](mailto:enquiries@enablingvisions.co.uk)  
[www.enablingvisions.co.uk](http://www.enablingvisions.co.uk)